

# YLANG YLANG

*Cananga odorata 15 mL*

*Sweet, rich, spicy*

*Aromatic description*

## PRIMARY BENEFITS

- Promotes the appearance of healthy skin and hair when applied topically.
- Provides an uplifting aroma while promoting a sense of comfort when diffused.

## PRODUCT DESCRIPTION

Ylang Ylang essential oil is derived from the star-shaped flowers of the tropical Ylang Ylang tree and is used extensively in making perfumes and in aromatherapy.

Similar to Jasmine, Ylang Ylang has been used for centuries in religious and wedding ceremonies. In Aromatherapy, Ylang Ylang essential oil is used to promote emotional wellbeing. Ylang Ylang is frequently used in luxurious hair and skin products for its scent and blends well with Bergamot, Geranium, Grapefruit and Vetiver essential oils.

## USES

- Relax in a bath with Ylang Ylang and Epsom Salts.
- Refresh your skin with an aromatherapy steam facial using

Ylang Ylang essential oil.

- Put on your wrists for a sweet, floral perfume.
- Add Ylang Ylang essential oil to a carrier oil for a deep hair conditioner.

## DIRECTIONS FOR USE

**DIFFUSION:** Use three to four drops in the diffuser of choice.

**TOPICAL USE:** Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN.  
Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

**PLANT PART:** Flower

**EXTRACTION METHOD:**  
Steam distillation

**MAIN CHEMICAL COMPONENTS:**  
Germacrene, caryophyllene,  
Farnesene



Certified Pure Tested Grade

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