ICE BLUE® ROLL-ON

Athletic Blend 10 mL Roll-On

Minty, camphoraceous

Aromatic description

PRIMARY BENEFITS

- Soothing and cooling oil blend
- · Comforting part of a massage

PRODUCT DESCRIPTION

dōTERRA's Ice Blue® Roll-On delivers Ice Blue® in a convenient roll-on and can be used as a soothing massage.

Try rubbing Ice Blue® Roll-On onto your hands, wrists, shoulders and neck after exercising, lifting or working long hours and experience the cooling and refreshing sensation.

Also available in the diluted easy to roll-on format of doTERRA Touch® Ice Blue®.

USES

- Apply on feet and knees before and after exercise.
- Massage Ice Blue® with a few drops of carrier oil onto legs before bedtime.

 Rub Ice Blue® on your lower back after a day of heavy lifting at work or during a move.

DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

INGREDIENTS

Wintergreen Leaf, Camphor Bark, Peppermint Plant, Ylang Ylang Flower, Helichrysum Flower, Blue Tansy Flower, Blue Chamomile Flower and Osmanthus Flower essential oils.



