

# CLARYCALM®

*Monthly Blend for Women 10 mL*

*Floral, herbal, coniferous*

*Aromatic description*

## PRIMARY BENEFITS

- A topical blend including Clary Sage, Lavender and Bergamot, dōTERRA ClaryCalm® is formulated to soothe and stabilise your mind and body each month.

## SECONDARY BENEFITS

- dōTERRA ClaryCalm® contains Clary Sage, Lavender and Bergamot essential oils. Apply ClaryCalm® to pulse points to help balance and stabilise each month.

## TERTIARY BENEFIT

- With both soothing and uplifting properties, Bergamot essential Oil may help to promote a sense of comfort.

## PRODUCT DESCRIPTION

ClaryCalm® is a proprietary blend of essential oils especially designed for women. A topical blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Cedarwood, Ylang Ylang, Geranium, Fennel, Carrot Seed, Palmarosa and Vitex essential oils, ClaryCalm® provides a soothing aroma to help promote a balancing environment.

## USES

- Throughout the month, rub on your abdomen as part of a soothing massage.
- When balance is desired, try applying ClaryCalm® to the skin for its soothing aroma.

## DIRECTIONS FOR USE

TOPICAL USE: Apply topically to the back of the neck, on temples, and bottoms of feet. Dilute with a carrier oil to minimise any skin sensitivity. See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

## INGREDIENTS

Clary Sage Flower, Lavender Flower, Bergamot Peel, Roman Chamomile Flower, Ylang Ylang Flower, Cedarwood Wood, Geranium Stem/Leaf, Fennel Seed, Carrot Seed, Palmarosa Herb and Vitex Leaf/Berry essential oils.



Certified Pure Tested Grade

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