

dōTERRA FORGIVE®

Renewing Blend 5mL

Herbaceous, fresh, woody

Aromatic description

PRIMARY BENEFITS

- Helps promote feelings of contentment, relief and patience.
- A soothing aroma.

PRODUCT DESCRIPTION

Are you carrying a burden that grows heavier with time? Would you be better off just letting it go and facing a future unfettered by anger and guilt? When you are ready to move forward, dōTERRA Forgive® Renewing Blend of tree and herb essential oils may be helpful.

USES

- Diffuse when meditating to help promote comforting emotions, creating a nurturing open environment.
- Apply to pulse points and heart throughout the day to help feel grounded and content.
- Have dōTERRA Forgive® on hand throughout the day.

DIRECTIONS FOR USE

DIFFUSION: Use one or two drops in the diffuser of choice.

TOPICAL USE: Dilute one to two drops with a carrier oil then apply to desired area.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.

Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

INGREDIENTS

Spruce Leaf, Bergamot Peel, Juniper Berry Fruit, Myrrh Gum Resin, Arborvitae Wood, Nootka Tree Wood, Thyme Leaf, Citronella Herb



Certified Pure Tested Grade

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